



Meal Planner: Weekly Menu Planner with Grocery List [Softback * Large (8 X 10) * 52 Spacious Records More * Red Polka Dot] (Paperback)

By Smart Bookx

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Softback blank Meal Planner book with a spacious two page spread for each of 52 weeks [\$5.50 / 3.99] INTERIOR: (To view click on Look Inside and scroll past the initial Title Page) - Each log provides the facility to total anything, cost or calories, but the shading for this is intentionally subtle so you can easily ignore it and just write a meal title over the top if desired. - There s a shopping list with each week so you can take it to the store and see at a glance what you need. - A Notes section for each week allows extra space to record e.g. special celebrations, additional guests or comments on what worked and what didn t. - At the back, a double page tracker chart allows you to compare any values across three different stores or brands; again it could be cost, calories or anything else. There s also a page at the back to jot down your regular fallback meals just the once, so if you re tracking totals...



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Reviews

A top quality publication along with the font used was intriguing to read. I really could comprehend everything using this written e ebook. Its been designed in an remarkably straightforward way and it is only after i finished reading through this publication by which basically altered me, modify the way i believe.

-- **Cathrine Larkin Sr.**

Very useful to all of group of people. I actually have read through and so i am certain that i will planning to study yet again once again down the road. I am just very easily can get a satisfaction of looking at a created book.

-- **Mark Bernier**