



Goji The Asian Health Secret, Third Edition

By -

Basic Health Publications. Paperback. Book Condition: New. Paperback. 118 pages. Dimensions: 8.1in. x 5.2in. x 0.4in. Earl Mindell, R. Ph. , M. H. , Ph. D. , the worlds leading nutritionist, has unleashed his astounding research on the worlds most powerful anti-aging food. Its called the goji berry, and it is quite possibly the most powerful and important natural health discovery ever made! In fact, goji is the most nutritionally dense food on the planet. Goji extract makes it convenient and easy to get the benefits of this amazing food. Its beneficial health effects include: - Amazing anti-aging properties - Increased strength and energy - Helps maintain healthy blood pressure, cholesterol levels, and liver function - Elevated mood and reduced stress - Relief of menstrual discomfort - Increased resistance to disease In this third edition of GOJI: The Asian Health Secret, readers will learn how goji extract can unleash the bodys potential for a full and healthy life. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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